

Company Registration Number: 3309777

Charity Registration Numbers: 1062595 and SC042127

THE DYSTONIA SOCIETY
A company limited by Guarantee

Financial Statements
31 March 2011

THE DYSTONIA SOCIETY

Financial Statements for the year ended 31 March 2011

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THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

Reference and administrative information

Trustees/Directors

Fiona Ross OBE	Chair
Roger Edmonds	Vice-chair
Michael Newbiggin	Honorary Treasurer
Shona Baxandall	(appointed 13 May 2010)
Joanna Atkin	
Susan Day	(resigned 31 March 2011)
Nirmaljit Gill	(appointed 13 May 2010)
Penny Ritchie Calder MBE	
Maureen Sheehan	(resigned 31 March 2011)
Alan Tamlyn	(co-opted 13 May 2010)
Joy Bourne	(co-opted 1 April 2011)

Royal Patron

HRH Princess Alexandra

Patrons

Tom Beldon
Sir Geoffrey Littler KCB
The Rt. Hon. Lord Macdonald of Tradeston CBE
Derek Thompson

Secretary

Geraldine Isherwood

Chief Executive

Philip Eckstein (resigned 30 November 2010)
Paul King (appointed 5 January 2011)

Medical Adviser

Dr Tom Warner

Registered Office

89 Albert Embankment
London
SE1 7TP

Auditor

Chantrey Vellacott DFK LLP
Russell Square House
10-12 Russell Square
London
WC1B 5LF

Bankers

CAF Bank
Kings Hill
West Malling
Kent ME19 4TA

Bank of Scotland
14/16 Cockspur Street
London SW1Y 5BL

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

The trustees, who are also the directors of the company, submit their report and the financial statements of the Dystonia Society ("the Society") for the year ended 31 March 2011. The reference and administrative information on the previous page forms part of this report.

Principal Objective

The Society was established to promote the welfare of people who are affected by any form of the neurological movement disorder known as dystonia. The Society aims to do this by promoting awareness of the disorder, by supporting research and by undertaking welfare initiatives. It does this on a national level and through its network of local support groups.

Review of Activities

The trustees of The Dystonia Society have identified four principal areas as the focus of the charity's activities: 1) improving access to treatment and other services, 2) providing support and information for the individuals affected, 3) progressing research activities and 4) raising awareness of the condition. Progress was made in each of these areas:

Improving access to treatment and other services

The Society has ensured availability of proper treatment and services through:

- Advocacy including supporting clients on appeal if treatment is not provided and challenging clinics when botulinum toxin injections are delayed. As a result, the majority of cases have been successfully addressed.
- Campaigning. In the East Midlands where deep brain stimulation has been refused to some clients, the Society has facilitated news items on the TV and radio and in the press. Since then, some cases have been approved on appeal.
- Influencing policy. Together with the Neurological Alliance, the Society has met health ministers to address concerns regarding the new health bill such as the impact of GP commissioning on specialist neurology services. It is too early to tell the outcome of this work. The Society also participated in the Department of Work and Pensions consultation on the new benefits system to ensure issues such as the fluctuating nature of dystonia were taken into account.
- Benefits. The Society supported people with dystonia in getting Disability Living Allowance by providing information to benefits tribunals.

The Service Development Manager consulted with a large number of medical, social care and educational experts in researching and compiling 'Dystonia, a guide to good practice'. The document provides

- an authoritative guide to best practice for health/social care professionals who are involved in the treatment and support of people with dystonia and their families;
- guidance for managers responsible for configuring health services on the key issues relating to dystonia and best practice for delivery of services; and
- information about the impact of dystonia on people's lives – to give an insight into common problems and to enable the professionals involved to take positive steps towards resolving them.

The Society commissioned BMJ Learning to deliver an online learning module with the aim of enabling healthcare professionals to assess and then improve their knowledge of how best to care for patients affected by dystonia.

Providing improved support and information

Helpline and other support services

Calls to the Society increased in number and complexity. Staff handled 3,400 telephone and email enquiries whilst also being involved in support and advocacy.

Approximately one quarter of calls and emails are from people who provide care for individuals with dystonia. With a grant received from the Department of Health's Reaching out to Carers Innovation Fund staff were given training on carers' rights and now have access to specialist online advice which

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

has enabled the team to effectively identify local support services for carers as well as for individuals living with dystonia.

Online forum

The Dystonia Society's online forum was launched in November 2010 and has been successful in providing an outlet for dystonia sufferers to share experiences, becoming a popular and well-used tool on our website amongst sufferers, carers and friends. The Society has seen increasing numbers of people accessing and contributing to its Facebook page, where they can share experiences and support with other patients and carers.

Evaluation

Callers to the helpline are asked to complete and send in an evaluation form. These are reviewed and can lead to revising of procedures as well as ensuring that the information being provided is useful and effective.

Services for young people/parents

Leaflets have been produced for children and carers

Local Groups

The Society supports more than 40 local groups who run 200 meetings per year sharing information and raising awareness at a local level.

Conferences

Childhood dystonia: 92 people attended a special conference for families of children with dystonia, held in London in October 2010.

National Conference: 222 members and friends attended the Society's annual conference in November 2010. The speakers included four doctors, each of whom is at the forefront of an aspect of research or treatment.

Regional 'living with dystonia' conferences: The Society ran successful living with dystonia days in Oxford and Plymouth, providing local members with information on new options for coping with the condition as well as a chance to meet friends, old and new.

Thanks; We are very grateful indeed to the doctors and other healthcare professionals who have attended meetings through the course of the year, donating their time and expertise. Their presence, especially at regional events, is hugely appreciated by our members, many of whom feel that their condition is not always understood or taken seriously enough.

Progressing research activities

The Society continued to be active in supporting trials into innovative treatments.

Optimum physiotherapy for people with cervical dystonia (torticollis)

The trial which assessed the relative benefits of two different styles of physiotherapy in a group of around 100 people with cervical dystonia was completed during 2010. Researchers concluded that there was no statistically or clinically significant benefit from the specialised physiotherapy compared to standard neck exercise and advice. Therefore, there is no justification for widespread use of the technique in the UK and a larger trial does not seem merited. It is unclear whether the improvement from baseline seen with both forms of physiotherapy was a direct treatment effects or an attentional or placebo effect. Both physiotherapy interventions were safe.

Device to potentially minimise the effects of Blepharospasm

A trial started at the Oxford Eye Department, John Radcliffe Hospital, to ascertain whether a simple device that attaches to an arm of reading spectacles can make a positive difference to people living with blepharospasm. It uses the 'geste antagoniste' phenomenon that is widely used by people with dystonia to control their muscle spasms. Data collection will finish in mid 2011 with the results published thereafter.

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

Unlocking the genetic basis of cervical dystonia

The Society continued to support the research at the National Hospital for Neurology and Neurosurgery and the Institute of Neurology where specialised electrophysiology, brain imagery and psychophysical techniques were used to identify underlying genetic traits that may be responsible for cervical dystonia. The initial tests showed that the discriminative abilities of these tests were insufficient to enable results that could be interpreted as an individual being affected or not affected by an underlying dystonia gene. Because of this, the project is exploring whether they could use advances in modern genetic techniques to address the same research question.

Understanding why nerve cells malfunction

The team at the University of Birmingham, are using one of the latest diagnostic techniques to gather data on the involvement of individual molecules in dystonia and provide a more detailed picture of how nerves are affected by dystonia. Data collection is in progress.

Understanding the cellular mechanism of DYT1 dystonia

The Society provided seed funding to the Royal Free Hospital to pilot a project testing whether, in human tissue from people with DYT1 dystonia, proteins involved in synaptic vesicle recycling (release of neurotransmitters by nerve cells) were reduced by the mutant (abnormal) form of torsinA, which causes DYT1 dystonia. The funding enabled the project to gain ethical approval, to obtain samples and establish a methodology. The project will now study the proteins in collaboration with a neuroscientist at Cancer Research. If they can confirm the hypothesis, it will be an important breakthrough for understanding the neuronal processes that cause this form of childhood generalised dystonia.

Audit of childhood dystonia

The Society has commissioned the Evelina children's hospital to do an audit of children with dystonia. The audit will cover all aspects of dystonia including symptoms, treatment, genetics, social impact etc. It is hoped that this will form the basis of a larger national database.

Raising awareness of the condition

Newsletter

The Society's quarterly newsletter, *Dystonia**matters!***, focused on the following subjects:

Summer 2010	Research update
Autumn 2010	Pain Management
Winter 2010	Physiotherapy
Spring 2011	Functional dystonia

Website

The Society's website received nearly 70,000 hits in the year. At the end of March 2011 the Society successfully applied for in-kind support from Google AdWords, by which an advert appearing on the Google browser page provides links to the Society's website with its pages of information on dystonia, its symptoms and referral routes. It is anticipated that traffic to the website will nearly double as a result.

Online learning for healthcare professionals

74% of members who responded to The Society's recent survey revealed that they were 'worried' or 'very worried' or 'concerned' about the 'lack of awareness of dystonia among medical professionals'. In response the Society commissioned BMJ Learning, a service linked to the British Medical Journal, to produce an online educational module for healthcare professionals to enable them to improve their skills in diagnosing and treating dystonia.

The module, entitled '*Dystonia: a guide to assessment and management*' went live in October 2010 and to date 1,126 people have completed the unit with a further 1,664 having accessed it and looked at the material. These are almost all healthcare professionals who would not otherwise have had any contact with the Society in spite of our work over the years.

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

Financial Review

- The Dystonia Society had unrestricted income in the year to 31 March 2011 £204,187 (2010: £450,150). This includes legacy income of £16,532 (2010 £175,917). The cost of generating voluntary income was £110,361 (2010 £100,604).
- The fundraising work also generated restricted income of £249,595 (2010 £278,278), which was used towards various aspects of our support services.

Reserves

- **Unrestricted funds:** The trustees feel it prudent to maintain the Society's general unrestricted reserves at a level sufficient to cover existing commitments (e.g. property rental and staffing costs) and to take into account the relatively low number of assured annual donors. The level of unrestricted reserves is reviewed each year when setting the budget and trustees aim for a level of not more than 60% of operating costs based on the current year's figures. The balance on actual unrestricted reserves at 31 March 2011 represented 54% of the total expenditure for that year. This would be sufficient to support the activities of the Society uninterrupted for 6.5 months in 2011/12 assuming no further funds are received.
- **Restricted funds:** Certain grants and donations received by the Society are given in respect of particular projects or initiatives. Funds held in respect of these activities at the period end are carried forward for future expenditure on these projects or initiatives. In the interests of prudence the trustees insist that funding for specific projects (including research) is raised in full before the project commences. The accounts for the year ended 31 March 2011 show a balance of £80,754 in respect of restricted funds which accounts for part of the Society's bank balances at the period end. Details of the make up of this amount are given in note 15.

Investment Policy

- The trustees believe the society should not have an active investment policy, but rather to gain, tax free, the maximum returns possible in money markets by using the services of The Charities Aid Foundation high interest rate banking facilities.

Plans for future periods

During 2011/12 the Society will continue to promote the welfare of those suffering from dystonia by:

- **Speeding up the time to diagnosis:** The trustees aim to halve the time to diagnosis over the next five years primarily through outreach to those researching their symptoms online and by educating medical professionals.
- **Defending treatment:** The Society will defend treatments for dystonia through advocacy, influencing healthcare policy at local and national levels and, where necessary, campaigning.
- **Growing our membership:** The trustees intend to increase membership through improved interaction with website visitors and outreach to treatment centres.
- **Improving support to people with dystonia:** The Society will run a rolling programme of Living with Dystonia events targeted at those coping with specific forms of dystonia. The events will be held across the country and will include a day relating to childhood dystonia.

Structure, Governance and Management

The charity is a company limited by guarantee and is registered with the Charity Commission (number 1062595) and with the Office of the Scottish Charity Regulator (SC042127). It is constituted by its Memorandum and Articles of Association. Guarantors are members of the Society, who, in the event of the charity being wound up, are each liable to contribute a maximum of £10.

Control of The Dystonia Society is vested in the trustees, each of whom is a member of the Society. New trustees are elected by the members by a secret postal ballot, and existing trustees encourage potential trustees to stand for election to maintain an appropriate balance of skills and experience. New trustees

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

are given a programme of induction. Training is available when required and relevant. A third of the trustees are due for re-election each year and the number of times each trustee is available for re-election is limited to three. The maximum number of trustees is twelve.

The trustees are advised by a number of specific sub-committees made up of trustees. These include the Finance and General Purposes Committee, the Support Services Committee, the Research Committee and the Communications and Fundraising Committee. These meet between two to four times per annum. In addition, working groups are set up to address other specific policy issues as they arise (e.g. for constitutional changes). Decisions of the trustees are implemented by the Chief Executive and the staff.

Risk

The trustees continue to identify and review the major risks to which the charity is exposed and have established appropriate systems to anticipate further risks that may arise. The trustees believe that implementation of agreed actions and procedures will significantly reduce the probability and the impact of these risks.

Public benefit

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing their aims and objectives and in planning the Society's future activities.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the charity's constitution. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

There is no relevant audit information of which the charitable company's auditor is unaware; and

The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2011 (incorporating the Directors' Report)

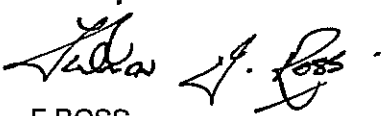
The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small company exemption

This report has been prepared in accordance with the special provisions for Small Companies under Section 15 of the Companies Act 2006.

Approval

This report was approved by the Board of Trustees on 23 June 2011 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'F. Ross', is written over a horizontal line.

F ROSS
Chair of Trustees

THE DYSTONIA SOCIETY

Independent auditor's report to the members of The Dystonia Society

We have audited the financial statements of The Dystonia Society for the year ended 31 March 2011 which comprise the Statement of Financial Activities, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charity's trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body and its trustees as a body, for our audit work, for this report, or for the opinion we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2011 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

Independent auditor's report to the members of The Dystonia Society

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the charitable company has not kept proper and adequate accounting records or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Trustees.

Chantrey Vellacott DFK LLP

Sally Jayne Bonner (Senior statutory auditor)
for and on behalf of CHANTREY VELLACOTT DFK LLP
Chartered Accountants and Statutory Auditor
London

CHANTREY VELLACOTT DFK LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

23/6/11

THE DYSTONIA SOCIETY

Statement of Financial Activities For the year ended 31 March 2011 (Incorporating an Income and Expenditure account)

	Notes	Restricted £	Unrestricted Designated £	Unrestricted General £	2011 £	2010 £
Incoming resources from generated funds:						
Voluntary income						
Donations, grants and subscriptions		249,595	-	180,613	430,208	552,961
Legacies		-	-	16,532	16,532	175,917
		249,595	-	197,145	446,740	728,878
Activities for generating funds						
Sales of goods and literature		-	-	4,072	4,072	3,283
Investment income		-	-	2,970	2,970	1,788
Total incoming resources	3	249,595	-	204,187	453,782	733,949
Resources expended						
Costs of generating voluntary income						
		-	-	110,361	110,361	100,604
Charitable activities						
Raising awareness		21,184	-	69,875	91,059	114,852
Improving access to treatment		-	-	51,615	51,615	48,524
Providing support and information		191,974	-	66,377	258,350	290,426
Research		71,232	32,728	2	103,962	61,243
		284,390	32,728	187,869	504,986	515,045
Governance costs		-	-	72,539	72,539	42,120
Total resources expended	6	284,390	32,728	370,769	687,887	657,769
Net incoming/(outgoing) resources for the year, being net income/(expenditure) for the year	7	(34,795)	(32,728)	(166,582)	(234,105)	76,180
Funds at the start of the year		115,549	33,000	466,769	615,318	539,138
Funds at the end of the year		80,754	272	300,187	381,213	615,318

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

The notes on pages 12 to 18 form part of these financial statements.

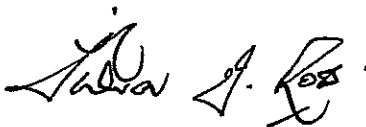
THE DYSTONIA SOCIETY

Balance Sheet as at 31 March 2011

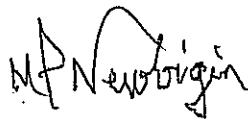
	Notes	31 March 2011 £	31 March 2010 £
Fixed assets			
Tangible assets	8	-	-
Investments	9	25,000	25,000
		25,000	25,000
Current assets			
Debtors	10	29,883	24,925
Cash invested at bank and in hand	11	364,456	565,063
		394,339	609,988
Creditors: amounts falling due within one year	12	(38,126)	(19,670)
Net current assets		356,213	590,318
Net assets		381,213	615,318
Represented by:			
Unrestricted funds:			
General funds		300,187	466,769
Designated funds		272	33,000
Total unrestricted funds	14	300,459	499,769
Restricted funds	15	80,754	115,549
Total funds	13	381,213	615,318

These financial statements have been prepared in accordance with the special provisions for Small Companies under Part 15 of the Companies Act 2006.

Approved and authorised for issue by the trustees on 23rd June 2011 and signed on their behalf by:



F ROSS (Trustee)



M NEWBIGIN (Trustee)

Company registration number 3309777

The notes on pages 12 to 18 form part of these financial statements.

Notes to the financial statements For the year ended 31 March 2011

1. Accounting policies

a) Basis of preparation of accounts

The accounts are prepared under the historical cost convention, in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' published in March 2005 ("SORP 2005"), applicable accounting standards and the Companies Act 2006. The accounts include the balances and transactions of 15 of the Society's support groups.

b) Cash flow

The Society has taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from the requirement to produce a cash flow statement.

c) Incoming resources

Voluntary income is received by way of grants, donations and subscriptions. The income from fundraising ventures is shown gross in the period in which the event occurs, with the associated costs included in costs of generating voluntary income. From time to time the Society receives donations other than in cash. No provision has been made in these accounts for the value of raffle prizes and other items donated to the Society for fundraising activities, as the value of these is not material. Equipment, given for use by the Society, is included as a donation at estimated value when received.

Legacies are accounted for when received, or otherwise only if the amounts are known with certainty, and entitlement is assured.

Subscriptions are included in the accounts in the year in which they are received.

Revenue grants are credited to incoming resources on the date they are received or when they are receivable, unless they relate to a specific period, in which case they are deferred.

d) Capital grants

Grants for the purchase of fixed assets are credited to restricted funds when receivable. Depreciation on the fixed assets purchased with such grants is charged against the restricted fund.

e) Resources expended

Expenditure is recognised on an accruals basis and includes VAT where charged.

Expenditure on charitable activities comprises services supplied identifiable as wholly or mainly in support of the Society's objectives in the four streams of work and are allocated to the particular stream where the costs relate directly to the activities within that work stream. Those costs shown as governance relate to the management of the Society's assets, organisational administration and compliance with constitutional and statutory requirements.

Costs are re-allocated to each of the charitable activities on the basis of staff time.

Costs of generating voluntary income relate to fundraising expenditure which comprises costs incurred in persuading people and organisations to contribute financially to the Society's work.

Grants payable are accounted for when paid or when the Society is legally bound to make future payments.

**Notes to the financial statements
For the year ended 31 March 2011**

- f) Pension contributions
The Society makes contributions to "defined contribution" personal pension schemes held by employees. Contributions are charged to the Statement of Financial Activities in the year in which they are payable to the scheme.
- g) Tangible fixed assets
Depreciation is charged on all tangible fixed assets at 100% in the year of purchase.
- h) Operating leases
Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are reflected in the Statement of Financial Activities on a straight line basis over the period of the lease.
- i) Fund accounting
Restricted funds are to be used for specific purposes as stated by the donor. Expenditure which meets these criteria is allocated to the fund, together with a fair allocation of investment income. Further details of these funds are shown in note 15.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Unrestricted funds are donations and other incoming resources receivable or generated for charitable purposes, in line with the objects of the Society.

2. Income and expenditure account

A separate income and expenditure account has not been prepared as the figures comprising net income for the year shown in the Statement of Financial Activities give the information required under the Companies Act 2006, together with details of other recognised gains and losses.

3. Total Incoming resources

	Restricted	Unrestricted	2011	2010
	£	£	£	£
Raising awareness	33,184	-	33,184	34,800
Improving access to treatment	-	-	-	850
Providing support and information	199,629	-	199,629	193,073
Research	16,782	-	16,782	50,005
	<u>249,595</u>	<u>-</u>	<u>249,595</u>	<u>278,728</u>
Other income				
Donations and grants – unrestricted	-	107,458	107,458	195,226
Legacies	-	16,532	16,532	175,917
Subscriptions	-	73,155	73,155	79,007
Sale of goods and literature	-	4,072	4,072	3,283
Investment income	-	2,970	2,970	1,788
	<u>-</u>	<u>204,187</u>	<u>204,187</u>	<u>455,221</u>
Total	<u>249,595</u>	<u>204,187</u>	<u>453,782</u>	<u>733,949</u>
Grants receivable, included above Department of Health			<u>48,986</u>	<u>30,140</u>

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Notes to the financial statements For the year ended 31 March 2011

4. Staff costs and salaries

	2011 £	2010 £
Staff costs during the year were as follows:		
Salaries and wages	276,742	265,394
Social Security costs	23,690	23,224
Pension contributions	17,133	10,815
	<u>317,565</u>	<u>299,433</u>

The average number of employees during the year was 15 (2010: 15 employees) of whom 3 were full time. The full time equivalent was 8.7 (2010: 8.9). No employee earned more than £60,000 during the year (2010: nil).

5. Trustees' remuneration and expenses

The trustees received no remuneration for their services (2010: nil). Seven (2010: Four) trustees were reimbursed for travel expenses, postage, stationery, telephone and other costs totalling £2,618 (2010: £5,117).

6. Total resources expended

	Raising awareness £	Improving access to treatment £	Providing support and Information £	Research £	Costs of generating voluntary income £	Governance costs £	2011 Total £	2010 Total £
Fundraising and prize draw expenses					15,059		15,059	18,140
Reference materials & merchandise	4,695	35,250	-	-	3,569	-	43,514	7,230
Employment & training	36,250	15,595	169,321	5,230	69,211	40,992	336,599	303,754
Establishment	3,830	-	21,554	481	13,553	4,639	44,057	52,003
Printing, telecoms, post and newsletter	31,533	-	17,192	206	5,783	1,963	56,677	68,476
Legal and professional fees	-	-	-	-	-	7,985	7,985	1,226
Conferences, meetings & travel	12,933	770	44,565	214	266	7,718	66,466	132,212
Insurance	352	-	1,978	44	1,244	1,475	5,093	1,369
Depreciation	1,466	-	2,665	59	1,676	569	6,435	5,516
Audit & accountancy	-	-	-	-	-	7,198	7,198	7,232
Grants awarded	-	-	1,076	97,728	-	-	98,804	60,611
	<u>91,059</u>	<u>51,615</u>	<u>258,351</u>	<u>103,962</u>	<u>110,361</u>	<u>72,539</u>	<u>687,887</u>	<u>657,769</u>

Grants awarded	2011 £	2010 £
To individuals	1,076	7,907
To organisations	97,728	52,704
	<u>98,804</u>	<u>60,611</u>

During the year 6 grants (2010: 13 grants) were made to individuals.

Grants made to organisations during the year comprised:

	£
Guys & St Thomas' Charity	65,000
Institute of Neurology	7,728
University of Birmingham	25,000
	<u>97,728</u>

**Notes to the financial statements
For the year ended 31 March 2011**

7. Net incoming/(outgoing) resources

	2011	2010
	£	£
Net incoming resources are stated after charging:		
Depreciation	6,435	5,516
Auditor's remuneration	7,198	6,875
Operating lease – land and buildings	20,354	33,858

8. Tangible fixed assets

	Office equipment	Fixtures and fittings	Total
	£	£	£
Cost			
At 31 March 2010	29,389	4,214	33,603
Additions	2,040	4,395	6,435
Disposals	-	-	-
At 31 March 2011	31,429	8,609	40,038
Depreciation			
At 31 March 2010	29,389	4,214	33,603
Charge for the year	2,040	4,395	6,435
On disposal	-	-	-
At 31 March 2011	31,429	8,609	40,038
Net book value			
At 1 March 2010 and 31 March 2011	-	-	-

9. Investments

At 1 April 2010	£ 25,000
Revaluation	-
At 31 March 2011	25,000

Investments consist of government stocks.

10. Debtors

	2011	2010
	£	£
Income tax recoverable	6,844	9,586
Other debtors and accrued income	-	3,011
Prepayments	23,039	12,328
	29,883	24,925

THE DYSTONIA SOCIETY

Notes to the financial statements For the year ended 31 March 2011

11. Cash at bank and in hand

	2011 £	2010 £
Bank investment accounts	317,782	516,853
Other bank and building society accounts	46,585	68,008
Petty cash	89	202
	364,456	585,063

12. Creditors

	2011 £	2010 £
Taxation and social security costs	6,755	6,032
Other creditors	9,550	6,763
Accruals	21,821	6,875
	38,126	19,670

13. Analysis of net assets between funds

	Restricted funds £	Designated funds £	General funds £	Total funds £
Fixed assets	-	-	25,000	25,000
Current assets	80,754	272	313,313	394,339
Creditors: amounts falling due within one year			(38,126)	(38,126)
	80,754	272	300,187	381,213

14. Unrestricted funds

	At 01.04.10 £	Incoming resources £	Resources expended £	At 31.03.11 £
General funds	466,769	204,187	(370,769)	300,187
Designated funds	33,000	-	(32,728)	272
Total unrestricted funds	499,769	204,187	(403,497)	300,459

THE DYSTONIA SOCIETY

Notes to the financial statements For the year ended 31 March 2011

15. Restricted funds

	At 01.04.10 £	Incoming resources £	Outgoing resources £	At 31.03.11 £
Raising awareness	-	33,184	(21,184)	12,000
Support for individuals affected				
Helpline	-	96,236	(96,236)	-
Welfare grants	20,075	3,270	(1,076)	22,269
Conferences	-	21,436	(16,849)	4,586
Local activities – England	9,261	17,730	(11,324)	15,667
Scotland – regional support	9,701	41,295	(50,918)	78
Wales – regional support	10,185	1,000	-	11,185
Young Dystonia initiatives	2,933	10,017	(6,926)	6,024
Branch and volunteer development	-	8,645	(8,645)	-
	52,155	199,629	(191,974)	59,810
Research	63,394	16,782	(71,233)	8,944
	115,549	249,595	(284,390)	80,754

The balances will be carried forward and used as follows:

Awareness - to fund future awareness initiatives, in particular the Newbiggin family essay competition.

Welfare grants – to fund future grants in accordance with the Society's guidelines.

Local activities – England – to fund awareness and welfare initiatives at a local level.

Scotland – regional support – for activities associated with the Scottish Regional Co-ordinator project.

Wales – regional support – to work for improvements in services in Wales.

Young Dystonia initiatives – to fund initiatives in support of young people and their families and carers.

Research – the balance will be used to seed future research projects.

16. Commitments under operating leases

At 31 March 2011 the Society had annual commitments under non-cancellable operating leases as set out below:

	2011 £	2010 £
Operating leases which expire:		
Between two and five years – land and buildings	32,544	-

17. Pensions

The Society contributes to stakeholder and defined contribution personal pension schemes. The assets of these schemes are held separately from those of the Society in independently administered funds. The pension charge represents contributions payable by the Society to those funds and amounted to £17,133 (2010: £10,815). At March 2011 the Society owed £nil (2010: £nil) to these pension schemes.

